



VOLUNTARY SECTOR LIAISON COMMITTEE - 17TH JUNE 2015

SUBJECT: ITEMS OF INTEREST TO THE VOLUNTARY SECTOR

REPORT BY: UPDATE FROM ANEURIN BEVAN UNIVERSITY HEALTH BOARD

1. NCN PLANS FOR 2015/16

- 1.1 The NCNs have finalised their Annual Reports for 2014/15.
- 1.2 NCNs are in the process of developing their Plans for 2015/16.
- 1.3 These will be signed off by NCNs in September 2015.

2. SIGNPOSTING TO COMMUNITY SERVICES

- 2.1 Signposting to services which can provide support, advice and help on issues relating to poverty can massively reduce the burden on families
- 2.2 There is a wealth of excellent community based support services in Caerphilly and Neighbourhood Care Networks we are working with Communities First and the Third Sector in Caerphilly, to raise awareness of these and simplify signposting and referral into them.
- 2.3 Many Communities First programmes are being delivered from health venues. The XPod Programme is currently being delivered in Gelligaer Surgery and at the North Rhymney Integrated Centre.
- 2.4 Discussions are being held regarding setting up the Communities First Physical Activity Project in partnership with the National Exercise Referral Team at the North Rhymney Integrated Centre in the near future. The Foodwise programme, also based there, continues to go from strength to strength.
- 2.5 LEAP (Listen, Engage, Act, Participate) – a multi-agency mental health and wellbeing team made up of health and social care professionals has been established in some of the GP practices in the North of Caerphilly Borough (the Lawn, Victoria and White Rose, serving a total population of 18,600). The main reasons for referral to the team by GPs and other professionals were depression, low mood, anxiety, self harm, suicidal thoughts/risks, sleep difficulties, stress, anger issues, alcohol use. The Team are helping and supporting people with mental health issues and referring and signposting them into community based support, building excellent working relationships and networks with these services.

3. SMOKING CESSATION SUPPORT SERVICES

- 3.1 Smoking cessation services are being set up in the North Rhymney Integrated Centre, increasing the availability of community based smoking cessation support.

- 3.2 A local priority for Caerphilly South, a learning disability register is being developed with NCN lead for the area and Social Services working together to implement an action plan.

4. PARTNERSHIP WORKING WITH THE LOCAL SERVICE BOARD

- 4.1 Public Health Wales advise that overwhelming evidence shows that a handful of health behaviours, underpinned by mental wellbeing and influenced by the wider determinants of health, cause the vast majority of premature mortality and morbidity. Smoking, obesity, poor diet, physical inactivity and alcohol misuse, are the major causes of years of life lost or of years lived with a disability.
- 4.2 Caerphilly county borough has some of the poorest levels of health in Wales, and significant inequalities between and within individual wards. 26.3% of the population have a limiting long-term illness, the fifth highest proportion in Wales, with the highest proportions being in the north, and the lowest in the south. Premature (under 75 years of age) death rates remain significantly higher than the Wales average.
- 4.3 With this in mind, the Caerphilly Wellbeing Improvement Network (WIN), responsible for taking forward the health and wellbeing agenda has drafted a revised/refreshed action plan based on best practice and public health advice. This Action Plan complements and builds on the community based partnership components of the NCN Plans and ensures further congruence between the wider partnership networks and the work of the Neighbourhood Care Networks.

5. IMPROVING ACCESS AND QUALITY OF SERVICES

- 5.1 NCNs have signed off their developments which are being funded with the new Welsh Government Primary Care funding for NCNs in Wales. Projects that will be implementing using these monies focus on improving the planning of care locally, ensuring access is equitable, improving access and quality of services, and developing a skilled local workforce.

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